

ACTIVITY FOR PARENTS

STD I

NAME: _____ SEC: _____

Tick the correct option

1. What is a great way to spend quality time with your child?

- A) Watching TV together
- B) Playing a board game or outdoor activity together
- C) Letting them play video games alone
- D) Giving them a lot of screen time

2. How can you strengthen your bond with your child?

- A) By being strict and authoritative
- B) By showing physical affection and emotional support
- C) By giving them lots of gifts
- D) By ignoring their needs

3. What is an important aspect of family bonding?

- A) Spending money on expensive activities
- B) Having quality time together and engaging in activities
- C) Letting children do whatever they want
- D) Watching TV all day

4. Your child is refusing to share toys with others. What do you do?

- A) Force them to share the toys
- B) Explain the importance of sharing and encourage them to take turns
- C) Let them play alone with the toys
- D) Take the toys away as punishment

5. Your child is lying about breaking a rule. What do you do?

- A) Punish them harshly to teach them a lesson
- B) Talk to them about the importance of honesty and encourage them to tell the truth
- C) Ignore the behavior and hope it goes away
- D) Let them off with a warning

6. Your child is being aggressive towards others. What do you do?

- A) Physical punishment to teach them a lesson
- B) Teach them alternative ways to express their feelings, such as talking or drawing
- C) Ignore the behavior and hope it goes away
- D) Blame the other child for provoking them

7. Your child keeps losing their school essentials, such as pens or books. What do you do?

- A) Scold them for being careless
- B) Help them develop a routine to keep track of their belongings
- C) Buy them extra supplies to replace the lost ones
- D) Ignore the issue and let them deal with it

8. How can you help your child stay organized and avoid losing things?

- A) By providing them with a planner or calendar
- B) By doing their homework and packing their bag for them
- C) By giving them a lot of freedom and autonomy
- D) By punishing them for being disorganized

9. How can you model honesty for your child?

- A) By telling white lies to avoid conflict
- B) By being truthful and transparent in your words and actions
- C) By hiding the truth from them to protect them
- D) By exaggerating the truth to make a point

10. What should you do if your child admits to making a mistake?

- A) Punish them harshly to teach them a lesson
- B) Use the opportunity to teach them about responsibility and accountability
- C) Ignore the mistake and let them off easy
- D) Blame someone else for the mistake

***You are requested to share your feedback with us.
